

MEDICAL EMERGENCIES

Medical emergencies are one of the most common emergencies that occur on the UNT campus. Any of the following signs could indicate a medical emergency:

- Bleeding that will not stop.
- Breathing problems (difficulty breathing, shortness of breath).
- Change in mental status (such as unusual behavior or confusion).
- Chest pain.
- Choking.
- Coughing up or vomiting blood.
- Fainting or loss of consciousness.
- Feelings of severe depression, anger, or anxiety.
- Head or spine injury.
- Inhaling or being splashed with chemicals.
- Severe or persistent vomiting.
- Sudden injury due to a motor vehicle accident, burns or smoke inhalation, near drowning, deep or large wound, or other injuries.
- Sudden, severe pain anywhere in the body.
- Sudden dizziness, weakness, or change in vision.
- Swallowing a poisonous substance.
- Severe abdominal pain or pressure.

NOTE: This is not necessarily a comprehensive list.

IN ANY MEDICAL EMERGENCY, FOLLOW THESE STEPS:

1. Call **911** (or have someone call **911** for you).
2. Check to make sure that aiding does not endanger self or others.
3. Send someone to get the Automated External Defibrillator (AED) located in each building on campus – AEDs can be located on the [UNT Mean Green Ready App](#). AEDs are used to treat cardiac arrest.
4. Ask the individual injured if you can aid:
 - a. If they say yes, provide first aid assistance to the extent that you feel able (our office recommends referring to the **American Red Cross First Aid App** for quick-reference first aid information).
 - b. If they say no, move away from the individual and wait for first responders
 - c. If they are unconscious, you have implied consent to aid so long as you are not negligent or performing medical tasks beyond your scope of training or understanding.
5. Send someone to meet first responders at the door.
6. Gather as much information about the injury or illness as able.

7. Report the incident to **Risk Management Services** after the incident has ended.

FOR MINOR INJURIES

Provide first aid (as appropriate) and encourage the individual to go to the **Student Health and Wellness Center** (students) or urgent care (faculty/staff) for evaluation. Report the incident to **Risk Management Services**.

STUDENT HEALTH AND WELLNESS CENTER

- 940-565-2333
- Web: studentaffairs.unt.edu/student-health-and-wellness-center
- 1800 Chestnut Street - Chestnut Hall - 2nd Floor
- General questions: askSHWC@unt.edu Fall/Spring Hours: Mon-Thurs 8 am to 5:00 pm, Fri 9:15 am to 5:00 pm
- Summer Hours: Mon-Thurs 8 am to 5 pm, Fri 9:15 am to 5 pm
- If closed, students can see other options for care at: <https://studentaffairs.unt.edu/student-health-and-wellness-center/resources/options-when-the-clinic-is-closed>

RISK MANAGEMENT SERVICES

- 940-565-2109
- Web: riskmanagement.unt.edu
- Incident Report Form: https://riskmanagement.unt.edu/sites/default/files/incident_report_form.pdf
- 700 North Texas Boulevard – Risk Management Center
- General questions: askRMS@unt.edu